



Train the Trainer: Skills for Psychological Recovery (SPR)

SPR is an evidence-informed modular intervention that aims to help survivors gain skills to manage distress and cope with post-disaster stress and adversity.

[Learn More about SPR](#)

When: April 29 - May 1, 2026

Time: 8:00 AM to 5:00 PM

Where: Holiday Inn 1590 Jefferson St., Jefferson City

Who should attend: Those who want to teach SPR

[Register for this course online](#)

